

# Interact with the World

- ☐ Order at a restaurant
- ☐ Answer the door *(interact with delivery workers)*
- ☐ Get a soccer game going
- ☐ Write and mail a letter
- ☐ Set up a video call with a relative that lives far away
- ☐ Write and deliver a thank-you card
- ☐ Take something to your neighbours *(baking, flowers, vegetables from your garden, etc.)*
- ☐ Put on a talent show for friends, neighbors, relatives or anyone willing to watch
- ☐ Teach someone younger how to do something *(a song, a game, a dance routine, how to draw something, how to tie their shoes, etc.)*
- ☐ Communicate with the front desk at hotels
- ☐ Visit a Seniors' Center or Long-Term Care facility
- ☐ Make your own haircut or dentist appointment
- ☐ Go to a store or market
- ☐ Do an errand for someone who needs it
- ☐ Volunteer at a local organization in need
- ☐ Visit a relative on your own
- ☐ Organize and run a yard sale
- ☐ Attend a community function

