

SANDHILLS NEWSLETTER

PRINCIPAL – Wendy Morris

ASSISTANT PRINCIPAL – Julie Gallant

FVSD TRUSTEES - Tim Driedger & Benj Friesen

Care

Accountability

Respect

Excellent Effort

School Mission: Sandhills Elementary School is a safe, fun place where our minds and bodies grow.

November 16, 2023 Written by Students of Sandhills



Hot Dog Sale - Friday, November 17- \$1.50

Please write in your child's agenda if they will be having a hotdog. Ketchup and mustard are the condiments that will be available.



KFC Sale, Friday, November 24 Orders Due

Thursday, November 23 by 10:00 am

Note: This includes 1 small popcorn chicken & small fries for \$3 - ketchup provided. Feel free to send condiments with your child, provided they can put them on themselves.

CARE Bear Assembly - Wednesday, November 29 at 1:45 pm

Parents are invited to join Sandhills staff and students at their monthly CARE Bear Assembly on Wednesday, November 29 at 1:45 pm. Classes that will be presenting are 2B & 3NN.



Extra Year Books

We have extra 2022-2023 year books available for \$15 each.



Sandhills Cookbooks

We have 4 different Sandhills cookbooks for sale for \$10 each. They would make a great Christmas gift for the chef or baker in your family. Cookbooks can be purchased on School Cash Online or from the office.



picture days their picture will be taken on November 20 starting at 9:00 am and you will be sent proofs of the pictures in 2 - 3 weeks, from which to order. If you feel your child needs retakes please send back their original pictures and new pictures will be taken. Please also let your child's teacher know if you want retakes, with a note in the agenda.

School Council Meeting Monday, November 27 at 7:00 pm



If you have any items that you would like discussed at the meeting please contact our school council chair, Melanie Wiebe, at 780-502-4745, prior to the meeting.

Report Cards Go Home Friday, December 1



ECS T/T report cards will be sent home on **Thursday, November 30**. ECS M/W & Grade 1 - 3 students will receive their report cards on **Friday, December 1**.

Save the Date

Parent/Teacher Interviews
Tuesday, December 5 and
Thursday, December 7
4:00 - 7:00 pm both evenings

Bookings will begin after the next newsletter goes out.

Phone: 780.928.3947 Box 59, La Crete, AB, T0H 2H0 https://shes.fvsd.ab.ca/



Each week, as part of their Health and Wellness Curriculum, Sandhills students learn about skills that can help them in school, and at home, such as listening, focusing attention, making friends, and problem-solving. You can help at home by talking to your child about Second Step and helping to reinforce what they are learning at school. The goal is for students to see how these skills can help them at home, too. Starting this week, we will highlight a Second Step skill in each newsletter.

Second Step Spotlight

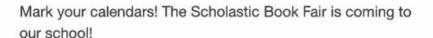
Emotions Management - Stop and Name Feelings

It's okay to have strong feelings. But when children have strong feelings, it can be hard to think about what to do. They can get back in control by calming down. The first step is to use a stop signal to catch their own attention and to tell themselves to stop. They might say "Calm Down" or "Relax!" Next, they can use their feeling detective skills to name their feelings. When they recognize their feelings, the thinking part of their brain can start to manage them. Take a moment to talk to your child about which stop signal they like to use.

MISCHOLASTIC BOOK FAIRS

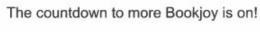
Save the Date!





Our school's Scholastic Book Fair will take place on December 5-8, 2023!

Your investment in your reader helps our whole school. All purchases earn Scholastic Dollars that can be redeemed for books and educational resources for our school's classrooms and library.



See you at the Fair!













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