

# Your BENEFITS

ASEBP (Alberta School Employee Benefit Plan)

For more information on your full coverage and to set up your online "MyASEBP" account visit [www.asebp.ca](http://www.asebp.ca)



## Life Insurance - Plan 2:

- ◆ Two times your annual salary.

## Accidental Death & Dismemberment (ADD) - Plan 2:

- ◆ Two times your annual salary.

## Extended Disability Benefits (EDB) - Plan D:

- ◆ If you are unable to work for 90 days due to an injury or illness, you may be eligible for EDB as determined by ASEBP. You may receive 70% of your monthly earnings.

## Employee & Family Assistance Program (EFAP):

- ◆ Services include Counselling (marital, depression, stress, grief/bereavement, etc.), Life Balance Solutions (parenting, elder care, finances, legal, etc.) and Health Coaching (smoking cessation, nutrition, weight management, etc.) available for you and your dependents through Homewood Health . Search

## Extended Health Care (EHC) - Plan 1:

- ◆ See the "My Benefits" tab on the Asebp website for full coverage details. EHC includes 100% of prescription drugs, \$700 each per calendar year for chiropractic, massage therapy, physiotherapy. Outside of Canada emergency travel benefits. ASEBP will send you an identification card that is to be presented when you purchase prescription medication or are hospitalized. **ALL CLAIMS ARE SUBMITTED ONLINE VIA YOUR 'My ASEBP' ACCOUNT.** Go to [www.asebp.ab.ca](http://www.asebp.ab.ca) to create your online account.

## Dental Care - Plan 3:

- ◆ Present your ASEBP ID card to your dentist . The direct bill ASEBP for most services.

Basic preventative/restorative treatments - 100% of the ASEBP Dental Benefit List fees. Major restorative treatments - 60 % up to \$2500 per person per calendar year. Orthodontics - 100% for examinations and diagnostics and 60% of list fees for all other treatments up to \$3000 per person per lifetime. Visit [asebp.ca](http://asebp.ca) for more info.

## Vision Care - Plan 3:

- ◆ \$400 every (rolling) 2 years for glasses, eye exams, contact lenses.

## Health Spending Account (HSA):

- ◆ Current amount is \$725 per year September 1 to August 31. The amount is pro-rated for part-time according to FTE .

FVSD pays 100% of Benefit costs for 1.0 FTE (full-time equivalent) teachers and a portion of Benefit costs for Part-time teacher's according to FTE. For example: .5 FTE we pay 50% of your premium cost and you pay 50% through a monthly payroll deduction.

## Voluntary Accident Death & Dismemberment Insurance (VADD):

OPTIONAL Additional ADD coverage - Voluntary Accidental Death And Dismemberment Insurance in either the 'Employee Only plan' or 'Family plan'. Also provides coverage for spouse (50%) and children (10%) of your insured amount. Choose your amount of additional coverage and pay the cost of premiums via a payroll deduction.

Please contact Deanna Newman 780-927-3766 (ext 111) [deannan@fvsd.ab.ca](mailto:deannan@fvsd.ab.ca) if you have any questions regarding your pay or benefits.